

Spiritual Temperament Assessment

We are all uniquely created by God, therefore we all interact with God in different ways. We find more joy and peace in our relationship with Him as we begin to understand how He designed us. This Spiritual Temperament Assessment will help you understand how you can best relate to God.

Respond to each statement on the Spiritual Temperament Assessment according to the following scale:

3 = consistently, definitely true 2 = most of the time, usually true

1 = some of the time, once in a while 0 = not at all, never

1. I flourish and grow through regular and significant relational experiences.
2. I experience the most spiritual development when my mind is fully engaged.
3. I feel closest to God when I lift my voice up to Him.
4. I feel closest to God when I have used my full emotional, physical, and spiritual potential for a worthy cause.
5. I feel most replenished when I get uninterrupted time alone with God.
6. I feel energized when I am accomplishing specific tasks for the good of others.
7. I come alive when I am in the natural splendor of God's creation.
8. I find prayer easier when praying with a circle of other Christians.
9. I enjoy reading the Bible and studying theology.
10. The primary reason that I go to church is to praise God.
11. I prefer a challenging, intensive ministry where I am totally dependent on God.
12. I enjoy listening for the whispers of God and reflecting on His goodness.
13. I feel God's delight most intensely when I am doing His work.
14. Being outdoors replenishes me, moves me, and strengthens my faith.
15. My enthusiasm for the Bible increases in group study situations.
16. Once I am convinced intellectually, I have very strong convictions.
17. I feel the presence of God most intensely when I worship.
18. I prefer doing ministry at a fast pace.
19. Quiet, stillness, and listening are the keys to my soul.
20. I feel most connected to God when I am helping others in practical ways.
21. God's presence is very real to me when I am in nature.
22. I hear God best through the voice of others.
23. The more I learn and understand about God, the closer I draw to Him.
24. Many of my important life decisions have been facilitated through worship.
25. I feel God's pleasure when I mobilize groups to do great things for Him.
26. I find reflection and solitude come naturally to me.
27. If I'm not careful, I can focus more on tasks than people.
28. Beauty speaks to me about the goodness of God.
29. Being in community with others is a critical element in my spiritual growth.
30. I hear God best through reasoning and studying.
31. I experience God when Christians come together and praise God.
32. I like to move in the church with speed, urgency, and passion.
33. I hear God best in silence.
34. I need to have a meaningful place of service to offer up to God.
35. I am able to connect the activity in nature to the attributes of God.

WHAT IS MY SPIRITUAL TEMPERAMENT?

Place the scale number you listed from the assessment for each question below and then total each column at the bottom.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
TOTAL	TOTAL	TOTAL	TOTAL	TOTAL	TOTAL	TOTAL
Relational	Intellectual	Worship	Activist	Contemplative	Service	Nature

RELATIONAL

Those with a relational temperament feel closest to God when they experience Him through community. They feel energized by group studies and activities.

INTELLECTUAL

Intellectuals enjoy books - even the reference kind - and live in the world of concepts. They want to come out of their devotional time with new understanding. If their mind isn't engaged, their heart may feel cold.

WORSHIP

Worshippers like the excitement and celebration of group worship. They feed off the enthusiasm of other believers and typically revel in God's mystery and supernatural power. Their exuberance tends to lead them to embrace creative forms of worship.

ACTIVIST

Activists meet God in the vortex of confrontation. They want to fight God's battles. God becomes most real to them when they are standing up for social justice or working on the frontlines to build God's kingdom.

CONTEMPLATIVE

Contemplatives are marked by an emotional attachment and surrender to God. They want to spend their time in God's presence - adoring Him, listening to Him, and enjoying Him. They often find benefit in journal writing, where they can explore their heart's devotion.

SERVING

Servers connect with God through helping others. Providing care or meeting needs in Jesus' name spiritually energizes them and draws them closer to the Lord. They enjoy tangible tasks and activities they feel make an impact.

NATURE

Naturalist hearts open up for God when they get outdoors and in God's creation. God seems more real to them when hiking under a big expanse of sky or at least sitting under a tree.

Spiritual Gifts Assessment

God has given us all talents and abilities, called “gifts” by the Bible. Every one of us has things we like to do and things we are good at. Sometimes we call them talents, but God has given us these gifts so that we can be a blessing to His Kingdom. When we use them, it brings us joy, blesses us, and we truly make a difference. We encourage you to explore your spiritual gifts by taking the following Spiritual Gifts Assessment.

Respond to each statement on the Spiritual Gifts Assessment according to the following scale:

3 = consistently, definitely true 2 = most of the time, usually true

1 = some of the time, once in a while 0 = not at all, never

- ____ 1. I like developing strategies, plans, and details to accomplish a goal.
- ____ 2. I sense phoniness, falseness, and deception often before others do.
- ____ 3. I find it easy to see the potential in others.
- ____ 4. I enjoy telling unbelievers about the Good News of Jesus Christ.
- ____ 5. I have an unwavering belief in God's ability to work beyond human effort alone.
- ____ 6. I am willing to sacrifice my own wants or needs in order to provide material or financial resources for the work of the Lord.
- ____ 7. I like to do the practical tasks so others are free to pursue their ministry areas.
- ____ 8. I love to meet people and make them feel welcome and comfortable.
- ____ 9. I can see the bigger picture of what needs to be done even when others are unable to see it.
- ____ 10. I feel compassion for people who have needs and am fulfilled when I can in some way help them.
- ____ 11. I have a deep interest in new ministry opportunities, either at home or abroad.
- ____ 12. I feel a burden to relieve others of detail work in order to free them to do their more important tasks.
- ____ 13. I enjoy patiently guiding and caring for believers as they grow to spiritual maturity.
- ____ 14. I have the ability to make God's Word practical when I share what I have learned with others.
- ____ 15. I can resolve conflicts and maintain harmony with clear, practical measures to situations that others do not see.
- ____ 16. I am able to discern when to delegate responsibility and who to give it to.
- ____ 17. I easily notice inconsistencies in teaching, preaching, counseling, or other forms of communication.
- ____ 18. I find that people seek me out to talk and tell me they feel better afterwards.
- ____ 19. I have the ability to sense opportune moments to share Christ with unbelievers.
- ____ 20. I am willing to risk failure to pursue what I believe God wants me to, knowing He will navigate the obstacles.
- ____ 21. I regularly give beyond the 10% tithe cheerfully and without the need to be recognized.
- ____ 22. I tend to see things that need to be done and do them without being asked or drawing attention to myself.
- ____ 23. I like entertaining people in my home, and sense I can minister to them there.
- ____ 24. I can motivate others to accomplish a goal and bring out their best while doing it.
- ____ 25. I am able to perceive people's hurts and console them without being condemning or passing judgment.
- ____ 26. I am willing and interested in serving unreached people in other communities or countries, even if I must leave my comfort zone.

- ____ 27. I find it difficult to say no to expressed needs and the ministries of the church.
- ____ 28. I am able to sense the spiritual needs of a group of believers and am willing to do what is necessary to guide them beyond those needs.
- ____ 29. I like to study God's Word and then share in creative ways the truths I uncovered.
- ____ 30. I am able to find Biblical guidelines and solutions that are applied to complex situations.
- ____ 31. I have the ability to manage people, resources, and time for effective ministry to take place.
- ____ 32. I am able to sense what is genuine and what is not.
- ____ 33. I have people tell me I am a good listener.
- ____ 34. I search for opportunities to build credible friendships with people who need to know Christ.
- ____ 35. I challenge others to trust God to work in His time.
- ____ 36. I enjoy being generous when I know it makes a real difference in people's lives.
- ____ 37. I am fulfilled when I do things that help others be their best.
- ____ 38. I can coordinate and arrange gatherings so that people, even newcomers, feel accepted and cared for.
- ____ 39. I can motivate others in such a way that they take ownership of the ministry or project.
- ____ 40. I empathize with those who are hurting and can patiently stand beside them as they adjust and heal.
- ____ 41. I could see myself fitting into other surroundings or cultures easily.
- ____ 42. I find great joy in doing things that need to be done, no matter how small or trivial the task.
- ____ 43. I feel comfortable nurturing individuals or small groups and their spiritual development.
- ____ 44. I like to equip and train other believers so they are motivated to study and learn more about God's Word.
- ____ 45. I find that others seek me out for understanding about Scriptural passages, Biblical truth, and spiritual or personal advice.
- ____ 46. I enjoy organizing events, people, tasks, and information.
- ____ 47. I am able to recognize when others are authentic and honest.
- ____ 48. I love to reassure, comfort, and affirm those who are discouraged.
- ____ 49. I can present the gospel message in a positive, non-threatening way, depending upon the need of the person.
- ____ 50. I find that my most frequent reaction to situations is to trust in God and His Word.
- ____ 51. I love the challenge of finding ways to help meet the material and financial needs of God's ministry.
- ____ 52. I am most comfortable doing tasks for ministry work that is behind the scenes.
- ____ 53. I enjoy making others feel as if they belong and are not alone.
- ____ 54. I am able to clearly see and communicate the purpose and direction of a project or ministry in such a way that others want to be a part.
- ____ 55. I love to help other people, especially those who are facing crisis or hardship.
- ____ 56. I get excited about new church work in areas where churches do not exist.
- ____ 57. I see myself in more of a supporting ministry to others than being in a place of leadership.
- ____ 58. I have great concern for the spiritual needs of believers.
- ____ 59. I enjoy finding new ways to clearly explain and apply Biblical truth so that others benefit and are educated.
- ____ 60. I enjoy studying difficult questions about God's Word and seem to gain understanding or find answers quickly.

SPIRITUAL GIFTS SCORING

Place the scale number you listed from the assessment for each question below and then total each column on the right.

1	16	31	46	Administration Total
2	17	32	47	Discernment Total
3	18	33	48	Encouragement Total
4	19	34	49	Evangelism Total
5	20	35	50	Faith Total
6	21	36	51	Giving Total
7	22	37	52	Helping Total
8	23	38	53	Hospitality Total
9	24	39	54	Leadership Total
10	25	40	55	Mercy Total
11	26	41	56	Missions Total
12	27	42	57	Service Total
13	28	43	58	Shepherding Total
14	29	44	59	Teaching Total
15	30	45	60	Wisdom & Knowledge Total

Administration	Discernment	Encouragement	Evangelism	Faith	Giving	Helping	Hospitality
Leadership	Mercy	Missions	Service	Shepherding	Teaching	Wisdom & Knowledge	

WHAT DOES MY SCORE MEAN?

Administration: God-given ability to organize multiple tasks and groups of people to accomplish these tasks. *Luke 14:28-30; Acts 6:1-7; 1 Corinthians 12:28*

Discernment: God-given ability to spiritually identify falsehood and to distinguish between right and wrong motives and situations. *Matthew 16:21-23; Acts 5:1-11, 16*

Encouragement: God-given ability to encourage others through the written or spoken word and Biblical truth. *Acts 14:22; Romans 12:8; 1 Timothy 4:13; Hebrews 10:24-25*

Evangelism: God-given ability to help non-Christians take the necessary steps to become Christ followers. *Acts 8:5-6, 8:26-40, 14:21, 21:8; Ephesians 4:11-14*

Faith: God-given ability to believe in God for unseen supernatural results in every area of life. *Acts 11:22-24; Romans 4:18-21; 1 Corinthians 12:9; Hebrews 11*

Giving: God-given ability to produce wealth and to give tithes and offerings for the purpose of advancing the Kingdom of God on earth. *Mark 12:41-44; Romans 12:8; 2 Corinthians 8:1-7, 9:2-7*

Helping: God-given ability to work in a supportive role for the accomplishment of tasks in Christian ministry. *Mark 15:40-41; Acts 9:36; Romans 16:1-2; 1 Corinthians 12:8*

Hospitality: God-given ability to create warm, welcoming environments for others in places such as your home, office, or church. *Acts 16:14-15; Romans 12:13, 16:23; Hebrews 13:1-2, 1 Peter 4:9*

Leadership: God-given ability to influence people at their level while directing and focusing them on the big picture. *Romans 12:8; 1 Timothy 3:1-13, 5:17; Hebrews 13:17*

Mercy: God-given ability to feel empathy and to care for those who are hurting in any way. *Matthew 9:35-36; Mark 9:41; Romans 12:8; 1 Thessalonians 5:14*

Missions: God-given ability to reach others outside of your culture and nationality while in most cases living in that culture or nation. *Acts 8:4, 13:2-3, 22:21; Romans 10:15*

Service: God-given ability to do small or great tasks and working for the overall good of the body of Christ. *Acts 6:1-7; Romans 12:7; Galatians 6:10; 1 Timothy 1:16-18; Titus 3:14*

Shepherding: God-given ability to care for the personal needs of others by nurturing and mending life issues. *John 10:1-18; Ephesians 4:11-14; 1 Timothy 3:1-7, 1; Peter 5:1-3*

Teaching: God-given ability to study and learn from the Scriptures primarily to bring understanding and growth to other Christians. *Acts 18:24-28, 20:20-21; 1 Corinthians 12:28, Ephesians 4:11-14*

Wisdom/Knowledge: God-given ability to apply the truths of Scripture in a practical way, producing a fruitful outcome and the character of Jesus Christ. *Acts 6:3, 10; 1 Corinthians 2:6-13, 12:8*